

# NEWSLETTER



## ESSENTIAL VERSES



Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.  
Ephesians 6:11-13



For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ.  
2 Corinthians 10:3-5



Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.  
1 Peter 5:8

## BATTLE FOR MY MIND

The Bible is clear in letting us know that the victory has already been won by Jesus at the Cross of Calvary (Colossians 2:13-15). Nonetheless, most Christians live bound and oppressed by the lies of the devil. Jesus is not a lair! So, why are we still not victorious?

The reason why we fail to live in victory is because in theory we know that there is a spiritual war being waged for our minds. However, in actuality we live passively as if there was not a war being waged for our minds and our lives (Proverbs 23:7).

So what is spiritual warfare, it is a mental struggle against evil forces in our minds. Every person at some point in their lives will face this mental battle. The Bible is clear that this is not a physical battle but rather a spiritual one (Ephesians 6:12). These powers, rulers, and principalities stem from Satan's kingdom which is composed of a network of demons. The sole purpose of Satan and his army is to destroy mankind through fiery darts that consist of temptations, deceptions, and accusations.

However, God does not leave us defenseless. He has given us wisdom (James 1:5) to decipher and recognize the different fiery darts of the devil. Therefore, if you are currently losing the battle over your mind it is time to stand on the Victory of Jesus at the Cross of Calvary (Colossians 2:15).



### Fiery dart #1: Temptations

Satan has been disarmed and stripped of the physical power to cause havoc in your life. Satan has no legal rights to you, so what does he do? Satan goes around and tempts you into giving him rights to your life. He tempts you to sin because sin gives the devil a foothold in your life (Ephesians 4:27). If Satan wants more legal grounds in your life, you can expect temptations to come your way. That's his way of getting you to fall and give him a place to operate. The moment you sin, it is important to repent and turn from those sins so that all legal grounds over your life are removed from Satan.

### Fiery dart #2: Deceptions

Many believers are living in defeat because Satan has deceived them. If you allow deception to take hold, strongholds can then be formed in your mind. Strongholds are erroneous thinking patterns based on falsehoods that are presented to us by Satan. Strongholds have tremendous power and affect your feelings, emotions, and life. This is why many children of God still feel guilt-ridden, worthless, unloved, and not good enough to be accepted by God. Satan and his demonic forces use deception to thwart your perception of yourself and of God, Jesus, and the Holy Spirit (2 Corinthians 11:3). As a result, it causes you to see God as a distant and cruel disciplinarian instead of a loving Father who desires to have an intimate loving relationship with you.

### Fiery dart #3: Accusations

Satan is known to be the accuser of the brethren. Satan could care less about tormenting those who are already in his kingdom. Satan loves to torment the children of God (Revelations 12:10b). He accuses you by reminding you of past sins and failures. If you listen to his accusations, you will begin to dwell on your past and it isn't long before you begin to feel guilt-ridden and see yourself as a failure.

Satan loves to make you, a Child of God, feel dirty, worthless, and like a failure. However, you have been washed clean by the blood of Jesus and are without spot or blemish (Ephesians 5:27). Therefore, you must stand firm and not pay attention to the devil's accusations, because they can form strongholds in your mind, which will need to be torn back down before you can experience freedom in Christ and win the battle over your mind.